

STAGE 6	05:00 - 07:30	05:00 - 09:30	05:00 - 09:30	03:00 - 05:30	03:00 - 05:30	03:00 - 07:30	03:00 - 07:30
	13:00 - 15:30	13:00 - 15:30	13:00 - 17:30	11:00 - 15:30	11:00 - 13:30	11:00 - 13:30	11:00 - 15:30
	21:00 - 01:30	21:00 - 23:30	21:00 - 23:30	19:00 - 23:30	19:00 - 23:30	19:00 - 21:30	19:00 - 21:30
STAGE 7	05:00 - 07:30	05:00 - 09:30	05:00 - 09:30	03:00 - 07:30	03:00 - 05:30	03:00 - 07:30	03:00 - 07:30
	13:00 - 17:30	13:00 - 15:30	13:00 - 17:30	11:00 - 15:30	11:00 - 15:30	11:00 - 13:30	11:00 - 15:30
	21:00 - 01:30	21:00 - 01:30	21:00 - 23:30	19:00 - 23:30	19:00 - 23:30	19:00 - 23:30	19:00 - 21:30
STAGE 8	05:00 - 09:30	05:00 - 09:30	05:00 - 09:30	03:00 - 07:30	03:00 - 07:30	03:00 - 07:30	03:00 - 07:30
	13:00 - 17:30	13:00 - 17:30	13:00 - 17:30	11:00 - 15:30	11:00 - 15:30	11:00 - 15:30	11:00 - 15:30
	21:00 - 01:30	21:00 - 01:30	21:00 - 01:30	19:00 - 23:30	19:00 - 23:30	19:00 - 23:30	19:00 - 23:30
STAGE	SUN, 13 JUL	MON, 14 JUL	TUE, 15 JUL	WED, 16 JUL	THU, 17 JUL	FRI, 18 JUL	SAT, 19 JUL
STAGE 1	17:00 - 19:30		01:00 - 03:30	09:00 - 11:30	15:00 - 17:30	23:00 - 01:30	
STAGE 2	09:00 - 11:30	17:00 - 19:30	01:00 - 03:30	01:00 - 03:30	07:00 - 09:30	15:00 - 17:30	23:00 - 01:30
	17:00 - 19:30			09:00 - 11:30	15:00 - 17:30	23:00 - 01:30	
STAGE 3	01:00 - 03:30	09:00 - 11:30	01:00 - 03:30	01:00 - 03:30	07:00 - 09:30	07:00 - 09:30	15:00 - 17:30
	09:00 - 11:30	17:00 - 19:30	17:00 - 19:30	09:00 - 11:30	15:00 - 17:30	15:00 - 17:30	23:00 - 01:30
	17:00 - 19:30					23:00 - 01:30	
STAGE 4	01:00 - 03:30	01:00 - 03:30	01:00 - 03:30	01:00 - 03:30	07:00 - 09:30	07:00 - 09:30	07:00 - 09:30
	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	15:00 - 17:30	15:00 - 17:30	15:00 - 17:30
	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	23:00 - 01:30	23:00 - 01:30	23:00 - 01:30
STAGE 5	01:00 - 03:30	01:00 - 03:30	01:00 - 05:30	01:00 - 03:30	07:00 - 09:30	07:00 - 09:30	07:00 - 09:30
	09:00 - 11:30	09:00 - 11:30	09:00 - 11:30	09:00 - 13:30	15:00 - 19:30	15:00 - 17:30	15:00 - 17:30
	17:00 - 21:30	17:00 - 19:30	17:00 - 19:30	17:00 - 19:30	23:00 - 01:30	23:00 - 03:30	23:00 - 01:30
STAGE 6	01:00 - 03:30	01:00 - 03:30	01:00 - 05:30	01:00 - 05:30	07:00 - 11:30	07:00 - 09:30	07:00 - 09:30
	09:00 - 13:30	09:00 - 11:30	09:00 - 11:30	09:00 - 13:30	15:00 - 19:30	15:00 - 19:30	15:00 - 17:30
	17:00 - 21:30	17:00 - 21:30	17:00 - 19:30	17:00 - 19:30	23:00 - 01:30	23:00 - 03:30	23:00 - 03:30
STAGE 7	01:00 - 05:30	01:00 - 03:30	01:00 - 05:30	01:00 - 05:30	07:00 - 11:30	07:00 - 11:30	07:00 - 09:30
	09:00 - 13:30	09:00 - 13:30	09:00 - 11:30	09:00 - 13:30	15:00 - 19:30	15:00 - 19:30	15:00 - 19:30
	17:00 - 21:30	17:00 - 21:30	17:00 - 21:30	17:00 - 19:30	23:00 - 01:30	23:00 - 03:30	23:00 - 03:30
STAGE 8	01:00 - 05:30	01:00 - 05:30	01:00 - 05:30	01:00 - 05:30	07:00 - 11:30	07:00 - 11:30	07:00 - 11:30
	09:00 - 13:30	09:00 - 13:30	09:00 - 13:30	09:00 - 13:30	15:00 - 19:30	15:00 - 19:30	15:00 - 19:30
	17:00 - 21:30	17:00 - 21:30	17:00 - 21:30	17:00 - 21:30	23:00 - 03:30	23:00 - 03:30	23:00 - 03:30
STAGE	SUN, 20 JUL	MON, 21 JUL	TUE, 22 JUL	WED, 23 JUL	THU, 24 JUL	FRI	SAT
STAGE 1	07:00 - 09:30	13:00 - 15:30	21:00 - 23:30		05:00 - 07:30		
STAGE 2	07:00 - 09:30	05:00 - 07:30	13:00 - 15:30	21:00 - 23:30	05:00 - 07:30		
		13:00 - 15:30	21:00 - 23:30				
STAGE 3	07:00 - 09:30	05:00 - 07:30	05:00 - 07:30	13:00 - 15:30	05:00 - 07:30		
	23:00 - 01:30	13:00 - 15:30	13:00 - 15:30	21:00 - 23:30	21:00 - 23:30		
			21:00 - 23:30				
STAGE 4	07:00 - 09:30	05:00 - 07:30	05:00 - 07:30	05:00 - 07:30	05:00 - 07:30		
	15:00 - 17:30	13:00 - 15:30	13:00 - 15:30	13:00 - 15:30	13:00 - 15:30		
	23:00 - 01:30	21:00 - 23:30	21:00 - 23:30	21:00 - 23:30	21:00 - 23:30		
STAGE 5	07:00 - 11:30	05:00 - 07:30	05:00 - 07:30	05:00 - 07:30	05:00 - 09:30		
	15:00 - 17:30	13:00 - 17:30	13:00 - 15:30	13:00 - 15:30	13:00 - 15:30		
	23:00 - 01:30	21:00 - 23:30	21:00 - 01:30	21:00 - 23:30	21:00 - 23:30		
STAGE 6	07:00 - 11:30	05:00 - 09:30	05:00 - 07:30	05:00 - 07:30	05:00 - 09:30		
	15:00 - 17:30	13:00 - 17:30	13:00 - 17:30	13:00 - 15:30	13:00 - 15:30		
	23:00 - 01:30	21:00 - 23:30	21:00 - 01:30	21:00 - 01:30	21:00 - 23:30		
STAGE 7	07:00 - 11:30	05:00 - 09:30	05:00 - 09:30	05:00 - 07:30	05:00 - 09:30		
	15:00 - 17:30	13:00 - 17:30	13:00 - 17:30	13:00 - 17:30	13:00 - 15:30		
	23:00 - 03:30	21:00 - 23:30	21:00 - 01:30	21:00 - 01:30	21:00 - 01:30		
STAGE 8	07:00 - 11:30	05:00 - 09:30	05:00 - 09:30	05:00 - 09:30	05:00 - 09:30		
	15:00 - 19:30	13:00 - 17:30	13:00 - 17:30	13:00 - 17:30	13:00 - 17:30		
	23:00 - 03:30	21:00 - 01:30	21:00 - 01:30	21:00 - 01:30	21:00 - 01:30		

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To download an excel spreadsheet version of all stages for all areas in your Province/s of interest, please use this link:

https://www.eskom.co.za/Pages/LS_schedules.aspx