

| Vulindlela July 2025 |                                                 |                                                 |                                                 |                                                 |                                                 |                                                 |                                                 |
|----------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| STAGE                | SUN                                             | MON                                             | TUE, 01 JUL                                     | WED, 02 JUL                                     | THU, 03 JUL                                     | FRI, 04 JUL                                     | SAT, 05 JUL                                     |
| STAGE 1              |                                                 |                                                 | 21:00 - 23:30                                   |                                                 | 05:00 - 07:30                                   | 13:00 - 15:30                                   | 19:00 - 21:30                                   |
| STAGE 2              |                                                 |                                                 | 13:00 - 15:30<br>21:00 - 23:30                  | 21:00 - 23:30                                   | 05:00 - 07:30                                   | 05:00 - 07:30<br>13:00 - 15:30                  | 11:00 - 13:30<br>19:00 - 21:30                  |
| STAGE 3              |                                                 |                                                 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 13:00 - 15:30<br>21:00 - 23:30                  | 05:00 - 07:30<br>21:00 - 23:30                  | 05:00 - 07:30<br>13:00 - 15:30                  | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 21:30 |
| STAGE 4              |                                                 |                                                 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 21:30 |
| STAGE 5              |                                                 |                                                 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 01:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 09:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 17:30<br>21:00 - 23:30 | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 23:30 |
| STAGE 6              |                                                 |                                                 | 05:00 - 07:30<br>13:00 - 17:30<br>21:00 - 01:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 01:30 | 05:00 - 09:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 23:30 | 03:00 - 05:30<br>11:00 - 15:30<br>19:00 - 23:30 |
| STAGE 7              |                                                 |                                                 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 01:30 | 05:00 - 07:30<br>13:00 - 17:30<br>21:00 - 01:30 | 05:00 - 09:30<br>13:00 - 15:30<br>21:00 - 01:30 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 23:30 | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 23:30 |
| STAGE 8              |                                                 |                                                 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 01:30 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 01:30 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 01:30 | 05:00 - 09:30<br>13:00 - 17:30<br>21:00 - 01:30 | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 23:30 |
| STAGE                | SUN, 06 JUL                                     | MON, 07 JUL                                     | TUE, 08 JUL                                     | WED, 09 JUL                                     | THU, 10 JUL                                     | FRI, 11 JUL                                     | SAT, 12 JUL                                     |
| STAGE 1              |                                                 | 03:00 - 05:30                                   | 11:00 - 13:30                                   | 17:00 - 19:30                                   |                                                 | 01:00 - 03:30                                   | 09:00 - 11:30                                   |
| STAGE 2              | 19:00 - 21:30                                   | 03:00 - 05:30                                   | 03:00 - 05:30<br>11:00 - 13:30                  | 09:00 - 11:30<br>17:00 - 19:30                  | 17:00 - 19:30                                   | 01:00 - 03:30                                   | 01:00 - 03:30<br>09:00 - 11:30                  |
| STAGE 3              | 11:00 - 13:30<br>19:00 - 21:30                  | 03:00 - 05:30<br>19:00 - 21:30                  | 03:00 - 05:30<br>11:00 - 13:30                  | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 19:30 | 09:00 - 11:30<br>17:00 - 19:30                  | 01:00 - 03:30<br>17:00 - 19:30                  | 01:00 - 03:30<br>09:00 - 11:30                  |
| STAGE 4              | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 21:30 | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 21:30 | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 21:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 19:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 19:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 19:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 19:30 |
| STAGE 5              | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 21:30 | 03:00 - 07:30<br>11:00 - 13:30<br>19:00 - 21:30 | 03:00 - 05:30<br>11:00 - 15:30<br>19:00 - 21:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 21:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 19:30 | 01:00 - 05:30<br>09:00 - 11:30<br>17:00 - 19:30 | 01:00 - 03:30<br>09:00 - 13:30<br>17:00 - 19:30 |
| STAGE 6              | 03:00 - 05:30<br>11:00 - 13:30<br>19:00 - 23:30 | 03:00 - 07:30<br>11:00 - 13:30<br>19:00 - 21:30 | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 21:30 | 01:00 - 03:30<br>09:00 - 13:30<br>17:00 - 21:30 | 01:00 - 03:30<br>09:00 - 11:30<br>17:00 - 21:30 | 01:00 - 05:30<br>09:00 - 11:30<br>17:00 - 19:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 19:30 |
| STAGE 7              | 03:00 - 05:30<br>11:00 - 15:30<br>19:00 - 23:30 | 03:00 - 07:30<br>11:00 - 13:30<br>19:00 - 23:30 | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 21:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 21:30 | 01:00 - 03:30<br>09:00 - 13:30<br>17:00 - 21:30 | 01:00 - 05:30<br>09:00 - 11:30<br>17:00 - 21:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 19:30 |
| STAGE 8              | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 23:30 | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 23:30 | 03:00 - 07:30<br>11:00 - 15:30<br>19:00 - 23:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 21:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 21:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 21:30 | 01:00 - 05:30<br>09:00 - 13:30<br>17:00 - 21:30 |
| STAGE                | SUN, 13 JUL                                     | MON, 14 JUL                                     | TUE, 15 JUL                                     | WED, 16 JUL                                     | THU, 17 JUL                                     | FRI, 18 JUL                                     | SAT, 19 JUL                                     |
| STAGE 1              | 15:00 - 17:30                                   | 23:00 - 01:30                                   |                                                 | 07:00 - 09:30                                   | 13:00 - 15:30                                   | 21:00 - 23:30                                   |                                                 |
| STAGE 2              | 07:00 - 09:30<br>15:00 - 17:30                  | 15:00 - 17:30<br>23:00 - 01:30                  | 23:00 - 01:30                                   | 07:00 - 09:30                                   | 05:00 - 07:30<br>13:00 - 15:30                  | 13:00 - 15:30<br>21:00 - 23:30                  | 21:00 - 23:30                                   |
| STAGE 3              | 07:00 - 09:30<br>15:00 - 17:30                  | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 01:30 | 15:00 - 17:30<br>23:00 - 01:30                  | 07:00 - 09:30<br>23:00 - 01:30                  | 05:00 - 07:30<br>13:00 - 15:30                  | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 13:00 - 15:30<br>21:00 - 23:30                  |
| STAGE 4              | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 01:30 | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 01:30 | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 01:30 | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 01:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 |
| STAGE 5              | 07:00 - 09:30<br>15:00 - 19:30<br>23:00 - 01:30 | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 03:30 | 07:00 - 09:30<br>15:00 - 17:30<br>23:00 - 01:30 | 07:00 - 11:30<br>15:00 - 17:30<br>23:00 - 01:30 | 05:00 - 07:30<br>13:00 - 17:30<br>21:00 - 23:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 01:30 | 05:00 - 07:30<br>13:00 - 15:30<br>21:00 - 23:30 |

|         |               |               |               |               |               |               |               |
|---------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| STAGE 6 | 07:00 - 11:30 | 07:00 - 09:30 | 07:00 - 09:30 | 07:00 - 11:30 | 05:00 - 09:30 | 05:00 - 07:30 | 05:00 - 07:30 |
|         | 15:00 - 19:30 | 15:00 - 19:30 | 15:00 - 17:30 | 15:00 - 17:30 | 13:00 - 17:30 | 13:00 - 17:30 | 13:00 - 15:30 |
|         | 23:00 - 01:30 | 23:00 - 03:30 | 23:00 - 03:30 | 23:00 - 01:30 | 21:00 - 23:30 | 21:00 - 01:30 | 21:00 - 01:30 |
| STAGE 7 | 07:00 - 11:30 | 07:00 - 11:30 | 07:00 - 09:30 | 07:00 - 11:30 | 05:00 - 09:30 | 05:00 - 09:30 | 05:00 - 07:30 |
|         | 15:00 - 19:30 | 15:00 - 19:30 | 15:00 - 19:30 | 15:00 - 17:30 | 13:00 - 17:30 | 13:00 - 17:30 | 13:00 - 17:30 |
|         | 23:00 - 01:30 | 23:00 - 03:30 | 23:00 - 03:30 | 23:00 - 03:30 | 21:00 - 23:30 | 21:00 - 01:30 | 21:00 - 01:30 |
| STAGE 8 | 07:00 - 11:30 | 07:00 - 11:30 | 07:00 - 11:30 | 07:00 - 11:30 | 05:00 - 09:30 | 05:00 - 09:30 | 05:00 - 09:30 |
|         | 15:00 - 19:30 | 15:00 - 19:30 | 15:00 - 19:30 | 15:00 - 19:30 | 13:00 - 17:30 | 13:00 - 17:30 | 13:00 - 17:30 |
|         | 23:00 - 03:30 | 23:00 - 03:30 | 23:00 - 03:30 | 23:00 - 03:30 | 21:00 - 01:30 | 21:00 - 01:30 | 21:00 - 01:30 |
| STAGE   | SUN, 20 JUL   | MON, 21 JUL   | TUE, 22 JUL   | WED, 23 JUL   | THU, 24 JUL   | FRI, 25 JUL   | SAT, 26 JUL   |
| STAGE 1 | 05:00 - 07:30 | 11:00 - 13:30 | 19:00 - 21:30 |               | 03:00 - 05:30 | 09:00 - 11:30 | 17:00 - 19:30 |
| STAGE 2 | 05:00 - 07:30 | 03:00 - 05:30 | 11:00 - 13:30 | 19:00 - 21:30 | 03:00 - 05:30 | 01:00 - 03:30 | 09:00 - 11:30 |
|         |               | 11:00 - 13:30 | 19:00 - 21:30 |               |               | 09:00 - 11:30 | 17:00 - 19:30 |
| STAGE 3 | 05:00 - 07:30 | 03:00 - 05:30 | 03:00 - 05:30 | 11:00 - 13:30 | 03:00 - 05:30 | 01:00 - 03:30 | 01:00 - 03:30 |
|         | 21:00 - 23:30 | 11:00 - 13:30 | 11:00 - 13:30 | 19:00 - 21:30 | 19:00 - 21:30 | 09:00 - 11:30 | 09:00 - 11:30 |
|         |               |               | 19:00 - 21:30 |               |               |               | 17:00 - 19:30 |
| STAGE 4 | 05:00 - 07:30 | 03:00 - 05:30 | 03:00 - 05:30 | 03:00 - 05:30 | 03:00 - 05:30 | 01:00 - 03:30 | 01:00 - 03:30 |
|         | 13:00 - 15:30 | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 | 09:00 - 11:30 | 09:00 - 11:30 |
|         | 21:00 - 23:30 | 19:00 - 21:30 | 19:00 - 21:30 | 19:00 - 21:30 | 19:00 - 21:30 | 17:00 - 19:30 | 17:00 - 19:30 |
| STAGE 5 | 05:00 - 09:30 | 03:00 - 05:30 | 03:00 - 05:30 | 03:00 - 05:30 | 03:00 - 07:30 | 01:00 - 03:30 | 01:00 - 03:30 |
|         | 13:00 - 15:30 | 11:00 - 15:30 | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 | 09:00 - 13:30 | 09:00 - 11:30 |
|         | 21:00 - 23:30 | 19:00 - 21:30 | 19:00 - 23:30 | 19:00 - 21:30 | 19:00 - 21:30 | 17:00 - 19:30 | 17:00 - 21:30 |
| STAGE 6 | 05:00 - 09:30 | 03:00 - 07:30 | 03:00 - 05:30 | 03:00 - 05:30 | 03:00 - 07:30 | 01:00 - 05:30 | 01:00 - 03:30 |
|         | 13:00 - 15:30 | 11:00 - 15:30 | 11:00 - 15:30 | 11:00 - 13:30 | 11:00 - 13:30 | 09:00 - 13:30 | 09:00 - 13:30 |
|         | 21:00 - 23:30 | 19:00 - 21:30 | 19:00 - 23:30 | 19:00 - 23:30 | 19:00 - 21:30 | 17:00 - 19:30 | 17:00 - 21:30 |
| STAGE 7 | 05:00 - 09:30 | 03:00 - 07:30 | 03:00 - 07:30 | 03:00 - 05:30 | 03:00 - 07:30 | 01:00 - 05:30 | 01:00 - 05:30 |
|         | 13:00 - 15:30 | 11:00 - 15:30 | 11:00 - 15:30 | 11:00 - 15:30 | 11:00 - 13:30 | 09:00 - 13:30 | 09:00 - 13:30 |
|         | 21:00 - 01:30 | 19:00 - 21:30 | 19:00 - 23:30 | 19:00 - 23:30 | 19:00 - 23:30 | 17:00 - 19:30 | 17:00 - 21:30 |
| STAGE 8 | 05:00 - 09:30 | 03:00 - 07:30 | 03:00 - 07:30 | 03:00 - 07:30 | 03:00 - 07:30 | 01:00 - 05:30 | 01:00 - 05:30 |
|         | 13:00 - 17:30 | 11:00 - 15:30 | 11:00 - 15:30 | 11:00 - 15:30 | 11:00 - 15:30 | 09:00 - 13:30 | 09:00 - 13:30 |
|         | 21:00 - 01:30 | 19:00 - 23:30 | 19:00 - 23:30 | 19:00 - 23:30 | 19:00 - 23:30 | 17:00 - 21:30 | 17:00 - 21:30 |
| STAGE   | SUN, 27 JUL   | MON, 28 JUL   | TUE, 29 JUL   | WED, 30 JUL   | THU, 31 JUL   | FRI, 01 AUG   | SAT           |
| STAGE 1 |               | 01:00 - 03:30 | 07:00 - 09:30 | 15:00 - 17:30 | 23:00 - 01:30 | 21:00 - 23:30 |               |
| STAGE 2 | 17:00 - 19:30 | 01:00 - 03:30 | 07:00 - 09:30 | 07:00 - 09:30 | 15:00 - 17:30 | 13:00 - 15:30 |               |
|         |               |               |               | 15:00 - 17:30 | 23:00 - 01:30 | 21:00 - 23:30 |               |
| STAGE 3 | 09:00 - 11:30 | 01:00 - 03:30 | 07:00 - 09:30 | 07:00 - 09:30 | 07:00 - 09:30 | 05:00 - 07:30 |               |
|         | 17:00 - 19:30 | 17:00 - 19:30 | 23:00 - 01:30 | 15:00 - 17:30 | 15:00 - 17:30 | 13:00 - 15:30 |               |
|         |               |               |               |               | 23:00 - 01:30 | 21:00 - 23:30 |               |
| STAGE 4 | 01:00 - 03:30 | 01:00 - 03:30 | 07:00 - 09:30 | 07:00 - 09:30 | 07:00 - 09:30 | 05:00 - 07:30 |               |
|         | 09:00 - 11:30 | 09:00 - 11:30 | 15:00 - 17:30 | 15:00 - 17:30 | 15:00 - 17:30 | 13:00 - 15:30 |               |
|         | 17:00 - 19:30 | 17:00 - 19:30 | 23:00 - 01:30 | 23:00 - 01:30 | 23:00 - 01:30 | 21:00 - 23:30 |               |
| STAGE 5 | 01:00 - 03:30 | 01:00 - 05:30 | 07:00 - 11:30 | 07:00 - 09:30 | 07:00 - 09:30 | 05:00 - 07:30 |               |
|         | 09:00 - 11:30 | 09:00 - 11:30 | 15:00 - 17:30 | 15:00 - 19:30 | 15:00 - 17:30 | 13:00 - 15:30 |               |
|         | 17:00 - 19:30 | 17:00 - 19:30 | 23:00 - 01:30 | 23:00 - 01:30 | 23:00 - 03:30 | 21:00 - 01:30 |               |
| STAGE 6 | 01:00 - 03:30 | 01:00 - 05:30 | 07:00 - 11:30 | 07:00 - 11:30 | 07:00 - 09:30 | 05:00 - 07:30 |               |
|         | 09:00 - 11:30 | 09:00 - 11:30 | 15:00 - 17:30 | 15:00 - 19:30 | 15:00 - 19:30 | 13:00 - 17:30 |               |
|         | 17:00 - 21:30 | 17:00 - 19:30 | 23:00 - 01:30 | 23:00 - 01:30 | 23:00 - 03:30 | 21:00 - 01:30 |               |
| STAGE 7 | 01:00 - 03:30 | 01:00 - 05:30 | 07:00 - 11:30 | 07:00 - 11:30 | 07:00 - 11:30 | 05:00 - 09:30 |               |
|         | 09:00 - 13:30 | 09:00 - 11:30 | 15:00 - 17:30 | 15:00 - 19:30 | 15:00 - 19:30 | 13:00 - 17:30 |               |
|         | 17:00 - 21:30 | 17:00 - 21:30 | 23:00 - 03:30 | 23:00 - 01:30 | 23:00 - 03:30 | 21:00 - 01:30 |               |
| STAGE 8 | 01:00 - 05:30 | 01:00 - 05:30 | 07:00 - 11:30 | 07:00 - 11:30 | 07:00 - 11:30 | 05:00 - 09:30 |               |
|         | 09:00 - 13:30 | 09:00 - 13:30 | 15:00 - 19:30 | 15:00 - 19:30 | 15:00 - 19:30 | 13:00 - 17:30 |               |
|         | 17:00 - 21:30 | 17:00 - 21:30 | 23:00 - 03:30 | 23:00 - 03:30 | 23:00 - 03:30 | 21:00 - 01:30 |               |

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To download an excel spreadsheet version of all stages for all areas in your Province/s of interest, please use this link:

[https://www.eskom.co.za/Pages/LS\\_schedules.aspx](https://www.eskom.co.za/Pages/LS_schedules.aspx)